

# E-Centràl

the center of it all

## B R E A K F A S T

### BREAKFAST BAR 18.95

Buffet of fruits, cereals, yogurts, fresh baked breakfast breads, hot items and made-to-order eggs and omelets, juices, coffee, tea

### CONTINENTAL 13

Fruits, cereals, yogurts, fresh baked breakfast breads from the buffet with juices, coffee, tea

### STARTERS

#### BERRY PARFAIT 8

Layers of fresh seasonal berries, house-made granola & vanilla yogurt

#### SEASONAL FRESH FRUIT PLATE & BANANA BREAD 11

Sliced melons, pineapple, seasonal berries and vanilla yogurt

#### HOUSE-MADE QUICHE 8

with asparagus, sundried tomatoes & cheddar cheese, served with tomato relish

#### STEEL CUT OATMEAL 6

Served with brown sugar, raisins and apple compote

#### PEANUT BUTTER OVERNIGHT SOAKED OATS 8

Quaker oats soaked in almond milk with vanilla chia seeds & cinnamon, topped with banana & peanut butter

### BREAKFAST ENTREES

All entrees are served with house-made pastries.

All egg dishes can be prepared with egg whites or egg beaters upon request.

#### SEASONAL PANCAKES 15

topped with seasonal fruit & streusel topping, accompanied by whipped butter & maple syrup

#### SMOKED SALMON & EGG BLT 20

two fried eggs, smoked salmon, applewood bacon, sliced tomato, red onion, lettuce & capers, served on toasted sourdough bread with herb spread, accompanied by tater tots

#### AMERICAN'S FAVORITE 15

Two eggs any style served with your choice of bacon, sausage, scrapple or ham & a choice of coffee or tea

#### ALL AMERICAN COMPLETE BREAKFAST 18

Two eggs and style, choice of sausage, bacon, scrapple or ham, with two buttermilk pancakes & accompanied by choice of coffee or tea

#### HEALTH BOWL 15

two poached eggs served over sautéed baby kale, onion, faro and quinoa, accompanied by turkey sausage & avocado toast

#### \*FILET MEDALLIONS & EGGS 24

2 oz. angus beef filet blackened, served over baby greens & pretzel croutons, topped with two poached eggs & tomato béarnaise sauce

#### BLACKENED SHRIMP & GRITS WITH CHORIZO SCRAMBLED EGGS 22

with spicy corn salsa, cow tipper grits & a warm biscuit

#### DELAWARE BENEDICT 19

poached eggs served over signature crab cakes, sourdough crouton & Swiss chard, topped with tomato béarnaise sauce

#### EGG'S BENEDICT 15

Poached eggs & Canadian bacon served on a butter-grilled English muffin, topped with our own Hollandaise sauce

#### CREATE YOUR THREE EGG OMELETTE\* 15

With your choice of four fillings: Swiss, Cheddar, provolone, Jack, Pepper Jack, feta, onions, peppers, tomatoes, mushrooms, spinach, bacon, sausage, ham

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## BR EAKFAST

### FROM THE GRIDDLE

#### BELGIAN WAFFLE

with whipped butter & warm syrup 12  
Strawberry, blueberry or banana topping 14

#### CINNAMON FRENCH TOAST 12

Extra thick egg-battered bread, grilled & topped with powdered sugar, served with butter & warm maple syrup

#### BANANAS FOSTER STUFFED CHEESECAKE

#### FRENCH TOAST 14

accompanied by whipped butter & maple syrup

#### STACK OF BUTTERMILK PANCAKES 11

with whipped butter & warm syrup

### A LA CARTE

Danish, Pastry, Muffin, Croissant 4

Toast English Muffin or Toast 3

Seasonal Berries 6

Bagel & Cream Cheese 5

Bacon, Sausage, Ham, Scrapple 6

Turkey Sausage 6

Country Grits 6

Grits with Cheese 7

Tater Tots 5

House Fries 5

### REFRESHMENTS

Selection of Assorted Hot Teas

Herbal or Black Tea 3

Freshly Brewed Coffee - Regular / Decaffeinated 3

Hot Chocolate 3

Chilled Fruit Juice 5 small 6 large

Orange / Apple / Cranberry / Tomato / Grapefruit

Milk - Whole, 2%, Skim 4

Cappuccino 6

Espresso 5

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